

Chronogram

Arts & Culture, Visual Art

11 Art Exhibitions to See in the Hudson Valley in September

by Brian K. Mahoney

August 28, 2025

Ashley Garrett's "Psyche" at September



Persephone, Ashley Garrett, oil on canvas, 2024.

For her third solo outing with [September](#), Ashley Garrett goes big—literally. “Psyche” features the artist’s largest canvases to date, built from two years of immersion in the local landscape and the inner weather systems of the psyche. Garrett’s brushwork swirls, skips, and careens across the surface in passages of incandescent yellows and greens, searing pinks, and earth-anchored tones lit with dashes of blue, orange, and purple. The canvases never resolve into form so much as hover in perpetual becoming, charged with movement and alive with sensation. The paintings seem to breathe—expansive, porous, impossible to contain. Boundaries dissolve, edges blur, and what remains is a field of pure aliveness, a visual echo of nature’s endless churn. Garrett doesn’t paint objects so much as states of being, suspended between emergence and disappearance.